You will need:

- Pre-medicate the patient (if needed).
- Turn up the temperature in the shower room (if needed).
- Towels
- Facecloths
- Soap/shampoo
- SSD/razors
- Debridement tray

Preparing the Stretcher (typically done by a unit aide)

- Wash your hands.
- Place a thin plastic liner on the metal bottom of the stretcher.
- Insert the blue plastic drain through the plastic liner over the drain hole.
- Put a heavier plastic liner on the stretcher.
- Insert a white plastic transfer board into the heavy plastic liner.
- Insert a blue mattress pad into the heavy plastic liner on top of the transfer board.
- Cover the hoses by placing them in the plastic bags provided. Stretch each bag tightly over the ends of the hoses and secure in place with white plastic wheels. Tear off the corners of the plastic to expose spray nozzles.
- Zero the scale on the end of the stretcher using the knob.

Operating Hoses

- Pull hoses to the side of the patient.
- Turn the water knob to the “on” position.
- Do not adjust the volume control.
- Adjust the temperature knob until the temp gauge reads 100-105°F.
- Adjust the pressure valves on the hoses until a comfortable spray is achieved.
Moving the Stretcher

- Use the green foot pedal to release the stretcher brakes.
- Move the stretcher to the patient’s bedside.
- Lower the side rails by pulling up and out on metal rails.
- Elevate the stretcher to bed height using the foot pedal pump.
- Apply the red foot pedal to engage the brakes.
- Transfer the patient using the transfer board handles.
- Raise the side rails, release the brakes, and return the stretcher to the shower room.
- Position the stretcher so that the drain is directly over the funnel. Engage the brakes.
- Shower the patient, then perform debridement.

Post-shower

- Tilt the stretcher using the foot pedal to drain excess water.
- Roll the patient onto one side. Dry the plastic with a towel and place a dry sheet under the patient. Repeat for the other side.
- Cover the patient and move them to their room for dressing application.