Dear Patient and Family,

Learning you have lung cancer is difficult. There are so many emotions, so many decisions to make and a dizzying amount of information to absorb.

This information The White Ribbon Kit for people living with lung cancer, was developed in response to patients’ requests for reliable information. This kit was developed by family members of lung cancer patients and health professionals.

The White Ribbon Kit does not replace any information your care team gives you. If you have any questions about your lung cancer or your treatments ask your doctor or nurse.

In Nova Scotia we are trying some new ways to streamline the lung cancer diagnosis and treatment pathways to ensure the delivery of high quality care, while making the journey less complex for patients and families. Here a few key pieces of information:

- All lung cancer surgeries occur in Halifax at the QEII Health Sciences Centre.
- PET (Positron Emission Tomography) scans are only available in Halifax at the QEII Health Sciences Centre.
- Radiation Therapy is available in Sydney and Halifax.
- Other investigations and treatments will be done as close to your home as possible.

If you have not already done so, I would suggest you call your local Cancer Patient Navigator, 1-866-524-1234. The Navigator is an Oncology (cancer) Nurse who works with you, your family and your care team throughout your treatment and follow-up care. Please note there are no Navigators in West Hants and Halifax Counties. If you live in these areas, ask your doctor or nurse about supports available for you.

Wishing you all the best with your treatment and recovery,

Drew C. G. Bethune, MD
Medical Director, Nova Scotia Cancer Care Program