Prevent FALLS – Reduce Injuries!

Keeping “SAFE” from Falls

**Safe Environment**
- Bottom bed rails down unless assessed otherwise
- Pathways are clear of clutter and tripping hazards
- Bed and chair alarms are “on”
- Lights are working and “on” as required

**Assist with Mobility**
- Mobilize at least twice a day
- Safe and regular toileting
- Transfer and mobility assist documented
- Keep eye-glasses, hearing, mobility aides within patient’s reach

**Fall Risk Reduction**
- Call bell in patient’s reach
- Bed lowered to patient’s knee height
- Personal items reachable
- Proper footwear available and in use

**Engage Patient and Family**
- Discuss risk factors with patient and family
- Mutual Fall/Injury Prevention plan developed