Prevent Falls – Reduce Injury!

Falls Prevention is EVERYONE’s Responsibility

Keeping “SAFE” from FALLS

All Patients are considered at Risk for FALLS
Assess for Universal FALLS Risk Factors → Implement Universal FALLS Interventions

SAFE ENVIRONMENT
- Bottom bed rails down unless assessed otherwise
- Pathways are clear of clutter and tripping hazards
- Bed and chair alarms are “on”
- Lights are working and “on” as required

ASSIST WITH MOBILITY
- Mobilize at least twice a day
- Safe and regular toileting
- Transfer and mobility assist documented
- Keep eye-glasses, hearing, mobility aides within patient’s reach

FALL RISK REDUCTION
- Call bell in patient’s reach
- Bed lowered to patient’s knee height
- Personal items reachable
- Proper footwear available and in use

ENGAGE PATIENT & FAMILY
- Discuss risk factors with patient and family
- Mutual Fall and Injury Prevention plan developed